

# Ageing well with good oral health British Society of Gerodontology

Thursday 5<sup>th</sup> December 2019, Royal Society, 6-9 Carlton House Terrace  
London, SW1Y 5AG

Time	Title	Speaker
<b>0915</b>	<b>Registration, Refreshments &amp; Trade Stands in the Marble Room</b>	
0950	Welcome	Mili Doshi, President
1000	Advancing Dental Care - The Challenge Ahead - Older people & Older Teeth	Peter Briggs, Post Graduate Dental Dean HEELaSE Tom Clayton HEE policy Team
1030	Developments in Periodontology & Relationship to the Health and Care of Older Patients	Mark Ide, Reader in Periodontology & Honorary Consultant in Restorative Dentistry
1100	Following Orders: DNAR & Advanced Decisions	Natalie Bradley, Registrar in Special Care Dentistry
<b>1120</b>	<b>Refreshments &amp; trade stands in the Marble Room</b>	
1145	General Anaesthesia & Sedation for Older People	Afolake Bewaji, Consultant Anaesthetist Tara Fernando, Clinical fellow in Anesthesia
1215	Working as a Dental Hygienist in Care Homes	Jane Peterson, Director of Training, Knowledge Oral Healthcare
1230	Author of "Someone I Used to Know" Life Experiences of Someone with Dementia	Wendy Mitchell, Author
<b>1310</b>	<b>Lunch and Networking in the Marble Room</b>	
1410	Clinical Case Conundrums	Panna Shah, Consultant in special care dentistry  Sarah Segelman Specialist in Special Care Dentistry
1440	The Involvement of Restorative Dentistry with Older people.	Martin Ashley, Consultant & Honorary Professor in Restorative Dentistry & Oral Health
1510	Older People with Neuro-disabilities & Experiences in Special Care Dentistry	Graham Manley, Consultant in Special Care Dentistry
1540	Final questions & poster prize presentations	
<b>1600 -1700</b>	<b>Close followed by AGM</b>	



## **Learning outcomes include (GDC enhanced outcomes A, C and D)**

- Learn how Health Education England's Advancing Dental Care scheme aims to supply a dental workforce with the skills to respond to the changing oral health needs of patients and services
- Gain an increased understanding of the new periodontal classification, and how this applies to the older population
- Have an increased awareness of the legislation around advance decisions and Do Not Resuscitate directives
- Increased awareness of factors to consider when providing dental care under sedation or general anesthesia for older people with multiple co-morbidities
- Reflection of considerations when treatment planning for older people.

## **Speaker profiles/overview of talks**

### **Peter Briggs & Tom Clayton, Health Education England**

Peter had a long clinical career as a NHS Consultant in Restorative Dentistry in South West London. He was appointed by HEE as Regional Postgraduate Dental Dean in 2018 to lead the new London and Kent, Surrey and Sussex team. Peter has chaired the workforce intelligence work stream of ADC and was given the opportunity to work closely with Tom Clayton on this project. Tom Clayton works within the National HEE Workforce Planning and Policy Team. He has provided support for Dentistry and the ADC project. This has involved analysis and modelling of the data held by HEE and also that provided and shared by other stakeholders as part of ADC.

### **Overview of the Joint Presentation;**

- Future trends and predictions of population change across England
- Predicted age change of population by geography
- Deprivation and likely oral health
- Update on NHS activity
- Update on Advancing Dentistry Care (ADC) project
- The clinical challenges of 'ageing' baby boomers
- The future knowledge and skills needed for the workforce

### **Mark Ide @MarkidePerio**

Mark is a Reader in Periodontology and Honorary Consultant in Restorative Dentistry at FoDOCS, King's College London. He has been a Specialist in Periodontics, Prosthodontics and Restorative Dentistry since 2001. Mark has been involved in dental education for over 25 years at DCP, BDS and postgraduate level. Mark is the discipline lead for Periodontology for the past 14 years and postgraduate /specialist programme lead for 10 years, developing both undergraduate and postgraduate programmes. Mark is the Periodontology lead for the MRD / MPerio examination at RCS England, President of the British Society of Periodontology and a member of various other national and international societies.

# Ageing well with good oral health



British Society of  
Gerodontology

## Overview of talk

- Focus on concepts for periodontal care for older adults, and emerging scientific evidence around two-way relationships between oral and systemic health status, including cognitive decline.
- Describe intervention studies investigating these links have given mixed results, but some have been shown to be significantly relevant to impact on care pathways.

## Natalie Bradley @natb990

Natalie is currently completing her specialist training in Special Care Dentistry in London and Surrey which includes studying for a Masters in Special Care Dentistry at Kings College London. She is an avid blogger with her blog 'A Tooth Germ' reaching almost half a million views. She is an NHS Clinical Entrepreneur, committee member for the BDA's Young Dentist Council, Early Careers Ambassador for the RCSEd and Alumnus of the Office of the Chief Dental Officer's Clinical Fellow Scheme.

## Overview of talk

- What is a DNAR and how might it affect decision making in dentistry
- How do we discuss advanced decisions with patients in a respectful way?
- Is there a need for training in having DNAR related conversations?

## Dr. Afolake Bewaji and Tara Fernando

Afolake is a Consultant Anaesthetist at the Surrey & Sussex Healthcare NHS Trust. She trained in Medicine at the University of Wales College of Medicine (now Cardiff University). Her Anaesthetic training was at St George's Hospital and the South West Thames rotation. She is college tutor for Anaesthetic trainees and lead for clinical governance. Afolake has a special interest in Paediatric Anaesthesia, Special Care Dentistry and Obstetric Anaesthesia. She also teaches on advanced trauma life support and paediatric life support courses.

Tara Fernando is a Clinical Fellow in Anaesthesia and Intensive care at East Surrey Hospital. She was schooled in Oman and graduated in Sri Lanka. She has a keen interest in anaesthesia for the critically ill, older and special care patient.

## Overview of talk

- Discuss how anaesthesia affects the older person
- Explore anaesthetic assessment in the older patient.
- Making reasonable adjustments, deciding on mode of anaesthesia in this group of patients.



## **Jane Peterson** @KOHCltd

Jane qualified as a Dental Hygienist from the Eastman Dental Hospital in 1995, and holds a degree in Oral Health promotion. Jane carried out a survey to establish what knowledge and perceptions care staff have of the mouth. This survey led Jane to set up an oral care service in care homes. She founded Knowledge Oral Health Care in 2015. Her experiences from working as a dental care professional in care homes have enabled Jane to reflect on oral health status and develop preventive strategies for care staff and older people in care homes. Jane now dedicates the majority of her time training care staff and health care professionals about best practice in oral healthcare nationally with a team of dental care professionals.

### **Overview of talk**

- The challenges cares have with daily mouth care
- The challenges faced as dental care professional in care homes
- The advantages and disadvantages of providing an oral care service in care homes

## **Wendy Mitchell** @WendyPMitchell

*"I was diagnosed with Young Onset Dementia on the 31<sup>st</sup> July 2014 at the age of 58 years young.*

*Post diagnosis, I am still a human being. A diagnosis of dementia doesn't mean the end but a beginning of a different life. However, I need the help and support of those around me, including healthcare professionals to help me live my life to the full.*

*I am now proud to be the author of the Sunday Times best seller, Somebody I Used to Know. Who would have thought that possible 5 years ago when I was diagnosed?"*

### **Overview of talk**

"Would you know if your environment is appropriate for people with dementia, hear how to tell?"

## **Panna Shah & Sarah Segelman**

Panna currently works as consultant in Special Care Dentistry at Kent Community Health NHS Foundation Trust. She completed her MSc in Sedation and Special Care Dentistry at King's College London in 2007 and has primarily worked within the community dental service. She has also taught undergraduate and postgraduate students at Kings and is co-chair of her local managed clinical network. Clinical interests include all areas of sedation and special care in primary care. Panna has developed accredited training in conscious sedation and also is training lead for StRs and DCTs.

Sarah graduated from the University of Bristol in 2012. She completed her specialist training in Special Care Dentistry in East Kent in June 2019 and undertook a Masters in Sedation and Special Care in 2018 at Guy's Dental Hospital.

# Ageing well with good oral health



British Society of  
Gerodontology

## Overview of talk

- Highlight the challenges faced by clinical teams, patients and carers during the provision of oral care for older people
- This will be illustrated through clinical cases and guidelines

## Martin Ashley @ProfessorMPA

Professor Martin Ashley has been an NHS Consultant in Restorative Dentistry in Manchester since 2002 and Associate Medical Director for seven years.

He is the Chairman of the national consultant body, RD-UK and has clinical and research interests in hypodontia, cleft and periodontology. He also has trust leadership roles in clinical informatics and in clinical ethics. Martin is the trust consultant lead for oral health and works closely with medical, AHP and nursing colleagues to improve the oral health of patients within the trust. He also works with colleagues across Greater Manchester Health and Social Care Partnership, with a focus on standards in care homes, nursing homes and domiciliary care.

## Overview of talk

- Based on the oral health improvement programs in Greater Manchester, the presentation will cover treatment planning of clinical cases, specialist referrals and education of the public and professional colleagues.

## Graham Manley

Graham qualified at the London Hospital Dental institute in 1973 and undertook Community and House Officer Jobs (Oral Surgery) in London. Graham taught Dental Public Health at The Royal Dental Hospital and in 1980 he moved to Kent to work in Special Care (Community and Hospital). Graham has undertaken research in Dental Public Health and Medical Electronics at University of Kent and has taught Sedation/Special Care at Guys for some 20 years. Graham started working in 2005 at the Royal Hospital for Neuro-disability and is the head of department.

## Overview of talk

- Experience of care related to older people
- Examples of research related to stroke and the use of medical electronics
- Life experiences of special care dentistry

**Thank you to our sponsors**



GC United Kingdom Ltd



## Save the date for our Spring Meeting

Friday 12<sup>th</sup> June 2020 - MANDEC, MANCHESTER

### Oral health at the End of Life

**Speakers include:**

**Professor Makin**, Consultant in Palliative care - Matters of Life and Death

**Fiona Murphy MBE**, Associate Director of Nursing - The Swan Model- Every Patient Every Time

**Selina Masters**, Specialist in Paediatric and Special Care Dentistry - "Support for those who Grieve"

**Rebecca Iles**, Specialist trainee in Special Care Dentistry - "A qualitative study exploring experiences of oral health in palliative and end of life care"

**Richard Fitzgerald**, Academic Fellow in Special Care Dentistry - "Oral health in end-of-life patients: A rapid review of existing literature"

**Angela Adkins**, Consultant in special care dentistry - Oral Care for the end of life patient

**Rosalyn Davies, Dental**, Senior Improvement Manager, Care Home Cymru – Supporting carers in care homes in providing end of life mouthcare

**Charlotte Wilson-Dewhurst**, Academic Fellow in Special Care Dentistry - Treatment dilemmas in late stage dementia